



# **Lunatik Athletiks**

We are a Canadian "Designer Compression" company in the medical and athletic market.

# **Our Passion Statement**

Together, we are committed to designing fabulous, bespoke compression to share your unique personality. Our intention is to have you feel rejuvenated and ready to conquer your next journey!

# **Our Core Intentions**

- Performance With Personality
- Meticulous Quality
- Allow Self Expression
- Environmentally Thoughtful
- Always Authentic















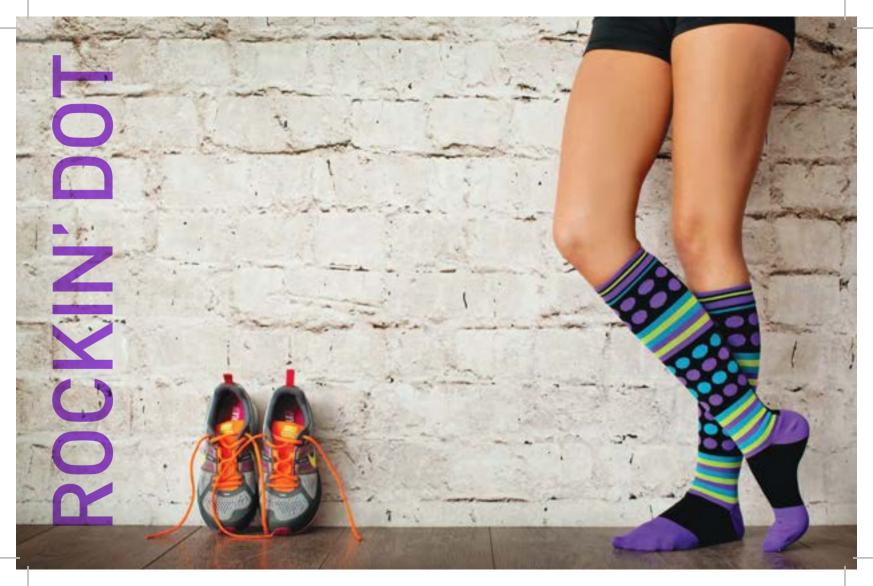


















**DESIGN STYLE: ROCKIN' DOT** 

INSPIRATION: Socks ROCK!

Fabric content: 75% NYLON 25% LYCRA

ACHI DESIGN LENGTH
CODE: 1 RD C
15-22 mmHg Rockin' Dot Calf

SIZE (See Section C for details of your ACHI size chart)

S M L XL
Small Medium Large X-Large

- Reduces the build up of lactic acid and helps muscle recovery.
- Provides relief from tired, aching legs.
- Helps aid in the prevention of spider veins and swelling.
- Ideal for prolonged standing, sitting and long distance travel.
- Greater endurance by reducing muscle vibration and soreness.









# **DESIGN STYLE: CHAKRA SOCK**

Small

INSPIRATION:

The Power of the Chakras

Fabric content: 75% NYLON 25% LYCRA

ACHI DESIGN LENGTH
CODE: 1 CS C
15-22 mmHg Chakra Sock Calf

Medium

SIZE (See Section C for details of your ACHI size chart)

S M L XL

Large

X-Large

- Reduces the build up of lactic acid and helps muscle recovery.
- Provides relief from tired, aching legs.
- Helps aid in the prevention of spider veins and swelling.
- Ideal for prolonged standing, sitting and long distance travel.
- Greater endurance by reducing muscle vibration and soreness.









### **DESIGN STYLE: MONO TECH**

INSPIRATION: Strength of a single wavelength!

Fabric content: 75% NYLON 25% LYCRA

ACHI DESIGN LENGTH
CODE: 1 MT C
15-22 mmHg Mono Tech Calf

SIZE (See Section C for details of your ACHI size chart)

S Small

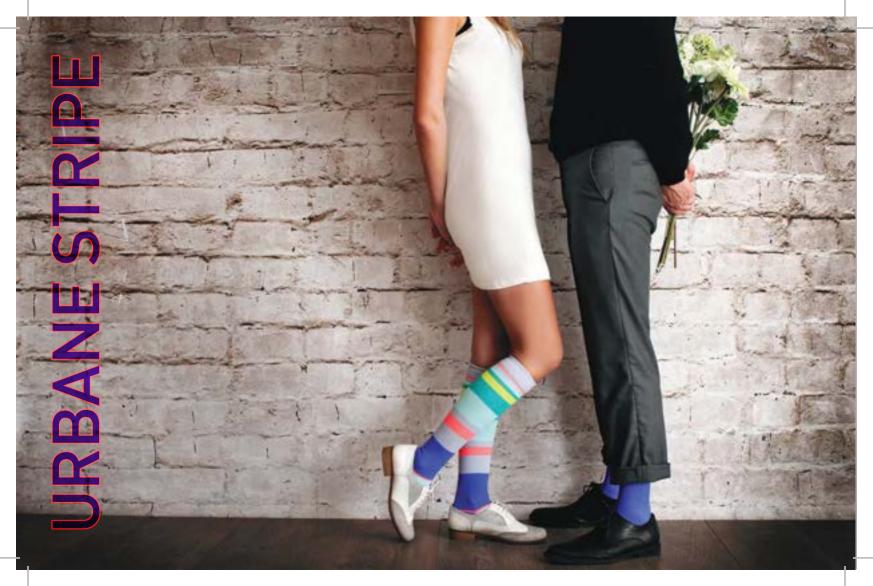






X-Large

- Reduces the build up of lactic acid and helps muscle recovery.
- Provides relief from tired, aching legs.
- Helps aid in the prevention of spider veins and swelling.
- Ideal for prolonged standing, sitting and long distance travel.
- Greater endurance by reducing muscle vibration and soreness.







X-Large



# **DESIGN STYLE: URBANE STRIPE**

INSPIRATION: Keep it Urbane!

Fabric content: 75% NYLON 25% LYCRA

Small

ACHI DESIGN LENGTH
CODE: 1 US C
15-22 mmHg Urbane Stripe Calf

SIZE (See Section C for details of your ACHI size chart)

Medium

Large

# **FEATURES AND BENEFITS**

- Reduces the build up of lactic acid and helps muscle recovery.
- Provides relief from tired, aching legs.
- Helps aid in the prevention of spider veins and swelling.
- Ideal for prolonged standing, sitting and long distance travel.
- Greater endurance by reducing muscle vibration and soreness.

A-4









### **DESIGN STYLE: CLASSIC PERFORMANCE**

**INSPIRATION:** 

Classic style and premium performance.

Fabric content:

75% NYLON 25% LYCRA

	ACHI	DES	IGN	LENGTH
CODE:	1	C	Р	C
	15-22mmHg	Classic Pe	erformance	Calf
SIZE (See Section C for details of your ACHI size chart)				
	S	M	L	XL
	Small	Medium	Large	X-Large

- Reduces the build up of lactic acid and helps muscle recovery.
- Provides relief from tired, aching legs.
- Helps aid in the prevention of spider veins and swelling.
- Ideal for prolonged standing, sitting, and long distance travel.
- Greater endurance by reducing muscle vibration and soreness.









### **DESIGN STYLE: WORK IT**

**INSPIRATION:** 

Is it worth it? Let me 'Work It'.

Fabric content:

16% MERINO WOOL 13% LYCRA 41% ACRYLIC 30% NYLON

CODE:	ACHI 1 15-22mmHg	DESI 1W Work	/	LENGTH C Calf
	SIZE (See Section C for details of your ACHI size chart)			
	Small	Medium	Large	X-Large

# **FEATURES AND BENEFITS**

- Reduces the build up of lactic acid and helps muscle recovery.
- Provides relief from tired, aching legs.
- Helps aid in the prevention of spider veins and swelling.
- Ideal for prolonged standing, sitting, and long distance travel.
- Greater endurance by reducing muscle vibration and soreness.

### **BENEFITS OF MERINO WOOL:**

- Breathability and moisture management.
- Natural heating and cooling.
- Sweat wicking.
- Strength and resilience.

- Quick drying.
- Padded comfort foot.
- Odour resistance.

A-6









### **DESIGN STYLE: SALT AND PEPPA**

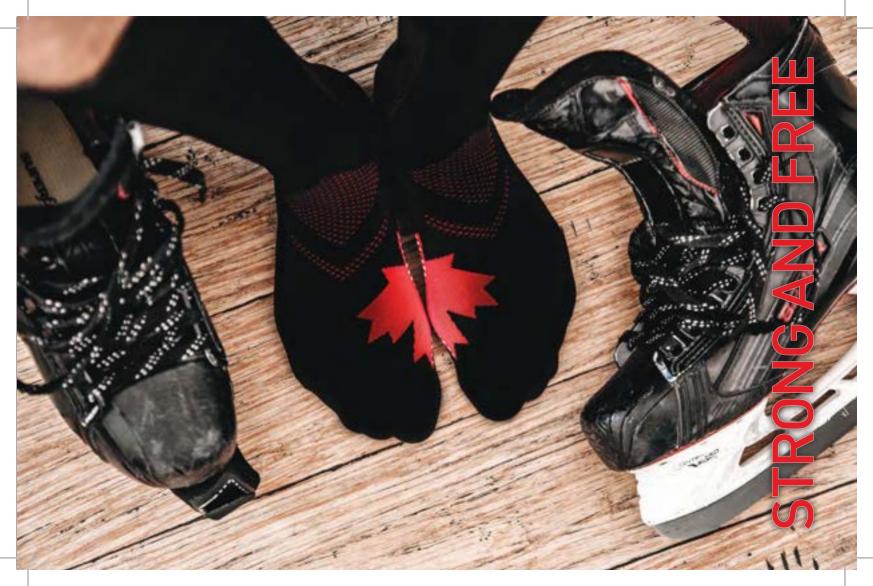
INSPIRATION: Coolin' by day then at night working up a sweat. Fabric content: 43% COTTON 41% NYLON 16%LYCRA

	ACHI	DES	IGN	LENGTH
CODE:	1	SF		C
	15-22mmHg	Salt and	I Рерра	Calf
	SIZE (See Section C for details of your ACHI size of			ır ACHI size chart)
	S	М	L	XL
	Small	Medium	Large	X-Large

### **FEATURES AND BENEFITS**

- Soft cotton fibers provide natural, breathable, hypoallergenic compression.
- Reduces the buildup of lactic acid and helps muscle recovery.
- Provides relief from tired, aching legs.
- Helps aid in the prevention of spider veins and swelling.
- Ideal for prolonged standing, sitting, and long distance travel.
- Greater endurance by reducing muscle vibration and soreness.

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# **DESIGN STYLE: STRONG AND FREE**

INSPIRATION: Proudly Canadian!

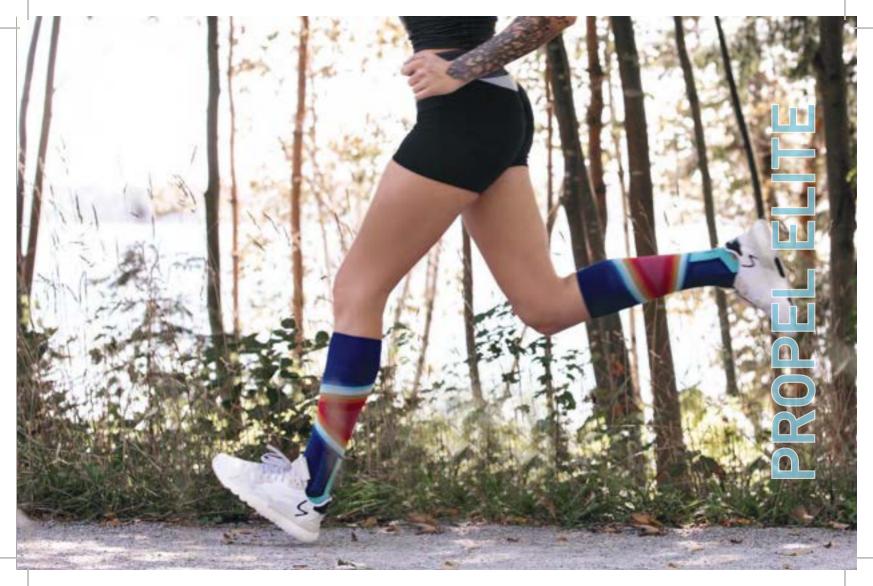
Fabric content: 76% NYLON 13% LYCRA 11% MICROFIBER

ACHI DESIGN LENGTH
CODE: 1 SF C
15-22mmHg Strong and Free Calf

SIZE (See Section C for details of your ACHI size chart)

S M L XL
Small Medium Large X-Large

- Reduces the build up lactic acid and helps muscle recovery
- Provides relief from tired, aching legs
- Helps aid in the prevention of spider veins and swelling
- Ideal for prolonged standing, sitting, and long distance travel
- Greater endurance by reducing muscle vibration and soreness
- Supreme moisture wicking
- Temperature regulation
- Innovative Ventilation Channels
- Specially designed front and ankle crease
- Achilles and Arch support









# **DESIGN STYLE: PROPEL ELITE**

INSPIRATION: MOVING YOUR PERFORMANCE FORWARD

Fabric content: 76% NYLON 13% LYCRA 11% MICROFIBER

	ACHI	DESIGN	LENGTH
CODE:	1	PE	C
	15-22mmHg	Propel Elite	Calf

SIZE (See Section C for details of your ACHI size chart)

S M L XL
Small Medium Large X-Large

- Reduces the build up lactic acid and helps muscle recovery
- Provides relief from tired, aching legs
- Helps aid in the prevention of spider veins and swelling
- Ideal for prolonged standing, sitting, and long distance travel.
- Greater endurance by reducing muscle vibration and soreness
- Supreme moisture wicking
- Temperature regulation
- Innovative Ventilation Channels
- Specially designed front and ankle crease
- Achilles and Arch support









# **DESIGN STYLE: LUMBER JACK**

**ACHI** 

INSPIRATION: Proudly Canadian

Fabric content:

CODE:

3% Merino Wool 16% Acrylic 69% Nylon 12% Lycra

**DESIGN** 

**LENGTH** 

15-22 mmHg Lumberjack Calf

SIZE (See Section C for details of your ACHI size chart)

S M L XL

Small Medium Large X-Large

### **FEATURES AND BENEFITS**

- Reduces the build up of lactic acid and helps muscle recovery
- Provides relief from tired, aching legs
- Helps aid in the prevention of spider veins and swelling
- Ideal from prolonged standing, sitting and long distance travel
- Greater endurance by reducing muscle vibration and soreness

#### **BENEFITS OF MERINO WOOL:**

- Breathability and moisture management
- Natural heating and cooling
- Quick drying

Sweat wicking

- Padded comfort foot
- Strength and resilience
- Odour resistance













### **DESIGN STYLE: SPIRIT INK**

INSPIRATION: Express your spirit with rich pigment! Fabric content: 75% NYLON 25% LYCRA

ACHI+

CODE:	2	SI	С	
	20-30 mmHg	Spirit Ink	Calf	
	SIZE (See Section C for details of your ACHI+ size chart)			

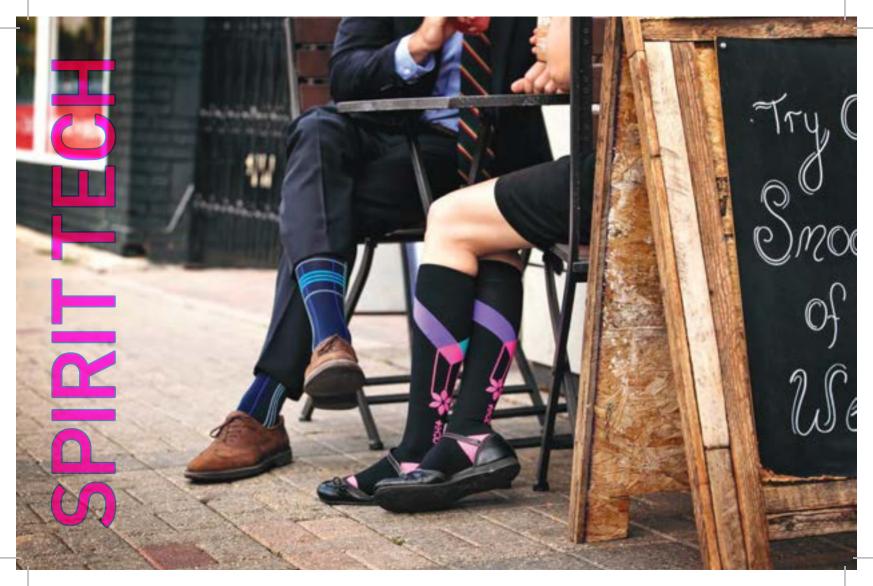
**DESIGN** 

LR

**LENGTH** 

- Woven with effective moisture management.
- Regular and tall sizes for a premium fit.
- Durable fabric construction for endurance.
- Comfort wide band to enhance fit.
- Technically designed patterns with bespoke detail.











# **DESIGN STYLE: SPIRIT TECH**

INSPIRATION: Body, Mind & Spirit! Fabric content:

75% NYLON 25% LYCRA

ACHI+ DESIGN LENGTH
CODE: 2 ST C
20-30mmHg Spirit Tech Calf

SIZE (See Section C for details of your ACHI+ size chart)

SR ST MR MT LR LT XR XT

- Woven with effective moisture management.
- Regular and tall sizes for a premium fit.
- Durable fabric construction for endurance.
- Comfort wide band to enhance fit.
- Technically designed patterns with bespoke detail.









# **DESIGN STYLE: BLACK VIBE**

INSPIRATION: Catch the Vibe! Fabric content:

75% NYLON 25% LYCRA

ACHI+ DESIGN LENGTH
CODE: 2 BV C
20-30mmHg Black Vibe Calf

SIZE (See Section C for details of your ACHI+ size chart)
SR ST MR MT LR LT XR XT

- Targeted breathable woven panels.
- Regular and tall sizes for a premium fit.
- Durable fabric construction for endurance.
- Comfort wide band to enhance fit.
- Technically designed patterns with bespoke detail.
- Padded foot with moisture wicking channels.
- Inlaid weave around achilles for increased support.









# **DESIGN STYLE: VIBE TECH**

INSPIRATION: Catch the Vibe! Fabric content:

75% NYLON 25% LYCRA

CODE:

ACHI+	DESIGN	LENGTH
2	VT	C
20-30mmHg	Vibe Tech	Calf

SIZE (See Section C for details of your ACHI+ size chart)

- Targeted breathable woven panels.
- Regular and tall sizes for a premium fit.
- Durable fabric construction for endurance.
- Comfort wide band to enhance fit.
- Technically designed patterns with bespoke detail.
- Padded foot with moisture wicking channels.
- Inlaid weave around achilles for increased support.









## **DESIGN STYLE: METRO TECH**

## **INSPIRATION:**

Breath of Fresh Air with a metropolitan designer flare!

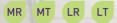
Fabric content:

75% NYLON 25% LYCRA

ACHI+ **DESIGN LENGTH** CODE: MT 20-30 mmHg Calf Metro Tech

SIZE (See Section C for details of your ACHI+ size chart)

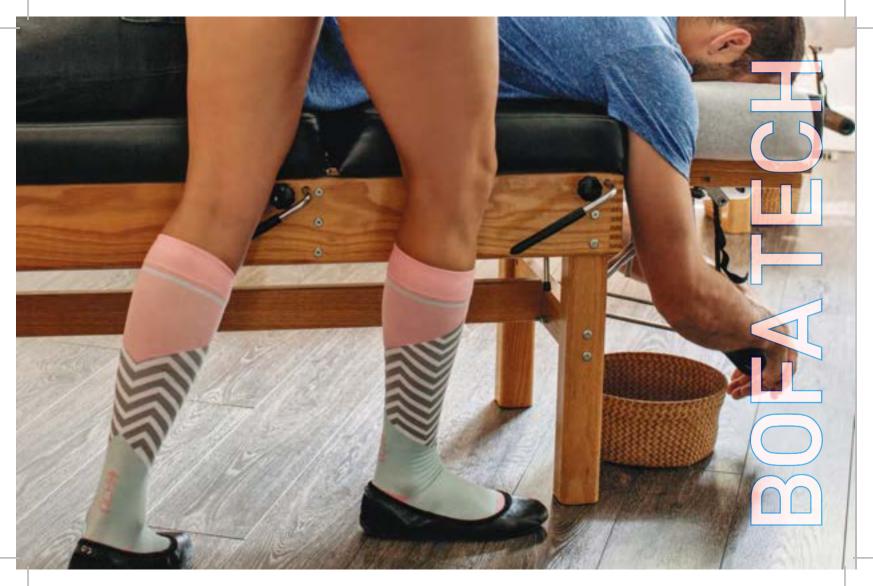






- Targeted breathable woven panels.
- Regular and tall sizes for a premium fit.
- Durable fabric construction for endurance.
- Comfort wide band to enhance fit.
- Technically designed patterns with bespoke detail.











#### **DESIGN STYLE: BOFA TECH**

INSPIRATION:
Breath of Fresh Air in your designer pastel!
Fabric content:
75% NYLON 25% LYCRA

ACHI+ DESIGN LENGTH
CODE: 2 BT C
20-30mmHg B0FA Tech Calf

SIZE (See Section C for details of your ACHI+ size chart)

SR ST MR MT LR LT XR XT

- Woven with effective moisture management.
- Regular and tall sizes for a premium fit.
- Durable fabric construction for endurance.
- Comfort wide band to enhance fit.
- Technically designed patterns with bespoke detail.









## **DESIGN STYLE: DENIM COOL**

## **INSPIRATION:**

Wear your favourite Denim!

## Fabric content:

43% COTTON 16% LYCRA 43% NYLON

CODE:

ACHI+ 20-30mmHg

DC

**DESIGN** 

Denim Cool

 $\mathsf{C}$ Calf

**LENGTH** 

SIZE (See Section C for details of your ACHI+ size chart)

- Soft cotton fibers provide natural, breathable, hypoallergenic compression.
- Regular and tall sizes for a premium fit.
- Durable fabric construction for endurance.
- Comfort wide band to enhance fit.
- Technically designed patterns with bespoke detail.









#### **DESIGN STYLE: TREND TECH**

**INSPIRATION:** 

Have a Trendy kinda day!

Fabric content:

75% NYLON 25% LYCRA

CODE:

ACHI+ **DESIGN** LENGTH TT Calf 20-30 mmHg Trend Tech

SIZE (See Section C for details of your ACHI+ size chart)





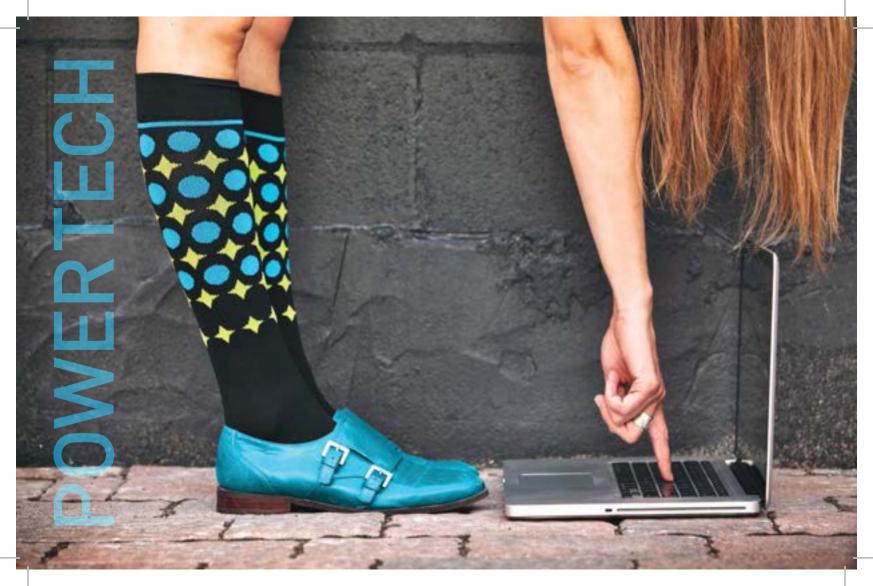






- Woven with effective moisture management.
- Regular and tall sizes for a premium fit.
- Durable fabric construction for endurance.
- Comfort wide band to enhance fit.
- Technically designed patterns with bespoke detail.











#### **DESIGN STYLE: POWER TECH**

**INSPIRATION:** 

Power to you and your journey!

Fabric content:

75% NYLON 25% LYCRA

CODE:

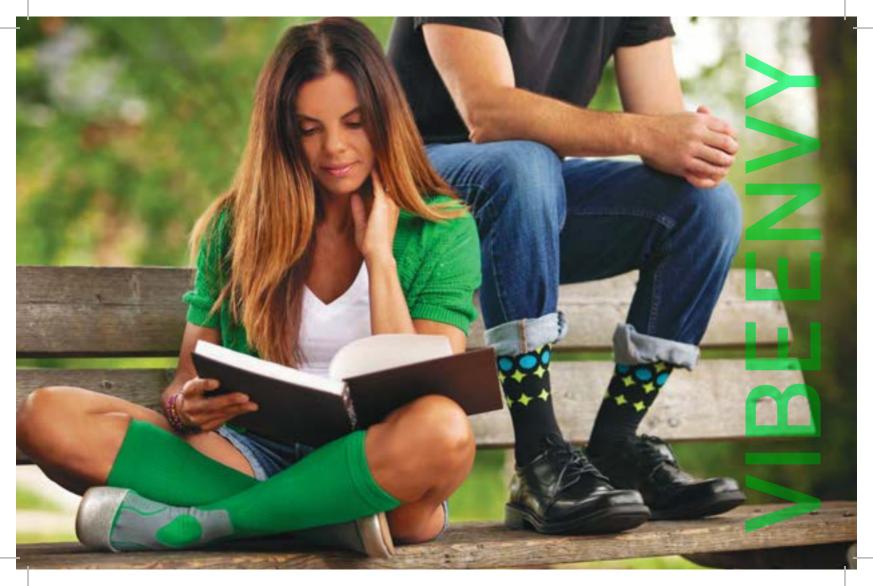
ACHI+ DESIGN LENGTH
2 PT C
20-30 mmHg Power Tech Calf

 $\begin{cal}SIZE\end{cal} (See Section C for details of your ACHI+ size chart) \end{cal}$ 

SR ST MR MT LR LT XR XT

- Woven with effective moisture management.
- Regular and tall sizes for a premium fit.
- Durable fabric construction for endurance.
- Comfort wide band to enhance fit.
- Technically designed patterns with bespoke detail.











#### DESIGN STYLE: VIBE ENVY

INSPIRATION:
Green with envy
Fabric content:
75% NYLON 25% LYCRA

ACHI+ DESIGN LENGTH
CODE: 2 VE C
20-30mmHq Vibe Envy Calf

SIZE (See Section C for details of your ACHI+ size chart)
SR ST MR MT LR LT XR XT

- Targeted breathable woven panels.
- Regular and tall sizes for a premium fit.
- Durable fabric construction for endurance.
- Comfort wide band to enhance fit.
- Technically designed patterns with bespoke detail.
- Padded foot with moisture wicking channels.
- Inlaid weave around achilles for increased support.









## DESIGN STYLE: ROCKIN' DOT +

**INSPIRATION:** Socks ROCK! Fabric content: 75% NYLON 25% LYCRA

ACHI+ LENGTH DESIGN CODE: **RD** 20-30mmHg Rockin' Dot + Calf

SIZE (See Section C for details of your ACHI+ size chart)

ST MR MT LR LT XR XT

- Woven with effective moisture management.
- Regular and tall sizes for a premium fit.
- Durable fabric construction for endurance.
- Comfort wide band to enhance fit.
- Technically designed patterns with bespoke detail.









## DESIGN STYLE: HOT ROCKIN' DOT

INSPIRATION: These socks are Hawt! Fabric content: 75% NYLON 25% LYCRA

ACHI+ DESIGN LENGTH
CODE: 2 HR C
20-30 mmHg Hot Rockin' Dot Calf

SIZE (See Section C for details of your ACHI+ size chart)

SR













- Woven with effective moisture management.
- Regular and tall sizes for a premium fit.
- Durable fabric construction for endurance.
- Comfort wide band to enhance fit.
- Technically designed patterns with bespoke detail.











#### **DESIGN STYLE: NIGHT RYDER**

INSPIRATION: Sleek and epic black Fabric content:

75% NYLON 25% LYCRA

CODE:

ACHI+ DESIGN LENGTH
2 NR C
20-30 mmHg Night Ryder Calf

SIZE (See Section C for details of your ACHI+ size chart)

SR ST MR MT LR LT XR XT

#### **FEATURES AND BENEFITS**

- Woven with effective moisture management.
- Regular and tall sizes for a premium fit.
- Durable fabric construction for endurance.
- Technically designed patterns with bespoke detail.
- Extended comfort cuff for a soothing graduated transition along the top.
- Padded foot that comes up to protect the achilles area.

RETIRING SOON









#### **DESIGN STYLE: ENERGETIK ARGYLE**

**INSPIRATION:** Classy and Sophisticated Fabric content: 75% NYLON 25% LYCRA

ACHI+ **DESIGN LENGTH** CODE: EA 20-30mmHg Energetik Argyle Calf

SIZE (See Section C for details of your ACHI+ size chart)

ST MR MT LR LT





# **FEATURES AND BENEFITS**

- Woven with effective moisture management.
- Regular and tall sizes for a premium fit.
- Durable fabric construction for endurance.
- Comfort wide band to enhance fit.
- Technically designed patterns with bespoke detail.

**RETIRING SOON** 









## DESIGN STYLE: WORK IT +

**INSPIRATION:** 

Is it worth it? Let me 'Work It'

Fabric content:

15% MERINO WOOL 40% ACRYLIC 30% NYLON 15% LYCRA

ACHI+ DESIGN LENGTH
CODE: 2 WI C
20-30mmHg Work It + Calf

**SIZE** (See Section C for details of your ACHI+ size chart)

SR ST MR MT LR LT XR XT

## **FEATURES AND BENEFITS**

- Regular and tall sizes for premium fit.
- Woven with effective moisture management.
- Durable fabric construction for endurance.
- Comfort wide band for enhanced fit.
- Technically designed patterns with bespoke detail.

#### **BENEFITS OF MERINO WOOL:**

- Breathability and moisture management.
- Natural heating and cooling.
- Sweat wicking.
- Strength and resilience.

- Quick drying.
- Padded comfort foot.
- Odour resistance.











#### **DESIGN STYLE: LUMBER JACK**

## INSPIRATION:

Proudly Canadian.

## Fabric content:

3% MERINO WOOL 16% ACRYLIC 69% NYLON 12% LYCRA

	ACHI+	DESIGN	LENGTH		
CODE:	2	LJ	C		
	2	LG	C		
	2	LB	C		
	2	ILJ	C		
	20-30 mmHg	Lumber Jack	Calf		
	SIZE (See Section C for details of your ACHI+ size chart)				
	SR ST MR	MT LR LT	XR XT		

#### **FEATURES AND BENEFITS**

- Regular and tall sizes for premium fit.
- Woven with effective moisture management.
- Durable fabric construction for endurance.
- Comfort wide band for enhanced fit.

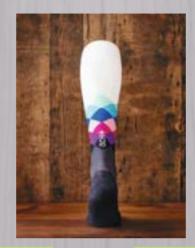
#### **BENEFITS OF MERINO WOOL:**

- Breathability and moisture management.
- Natural heating and cooling.
- Sweat wicking.
- Strength and resilience.
- Odour resistance.

- Quick drying.
- Padded comfort foot.
- Merino foot base.
- Nylon lycra leg.









## **DESIGN STYLE: PASTEL PIXEL**

**INSPIRATION:** 

Soft, subtle, luxurious wool.

Fabric content:

7% MERINO WOOL 31% ACRYLIC 45% NYLON 17% LYCRA

ACHI+ DESIGN LENGTH
CODE: 2 PP C
20-30mmHg Pastel Pixel Calf

SIZE (See Section C for details of your ACHI+ size chart)

SR ST MR MT LR LT XR XT

#### **FEATURES AND BENEFITS**

- Regular and tall sizes for premium fit.
- Woven with effective moisture management.
- Durable fabric construction for endurance.
- Comfort wide band for enhanced fit.

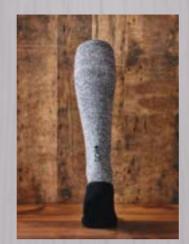
## BENEFITS OF MERINO WOOL:

- Breathability and moisture management.
- Natural heating and cooling.
- Sweat wicking.
- Strength and resilience.

- Quick drying.
- Padded comfort foot.
- Odour resistance.









## DESIGN STYLE: SALT AND PEPPA +

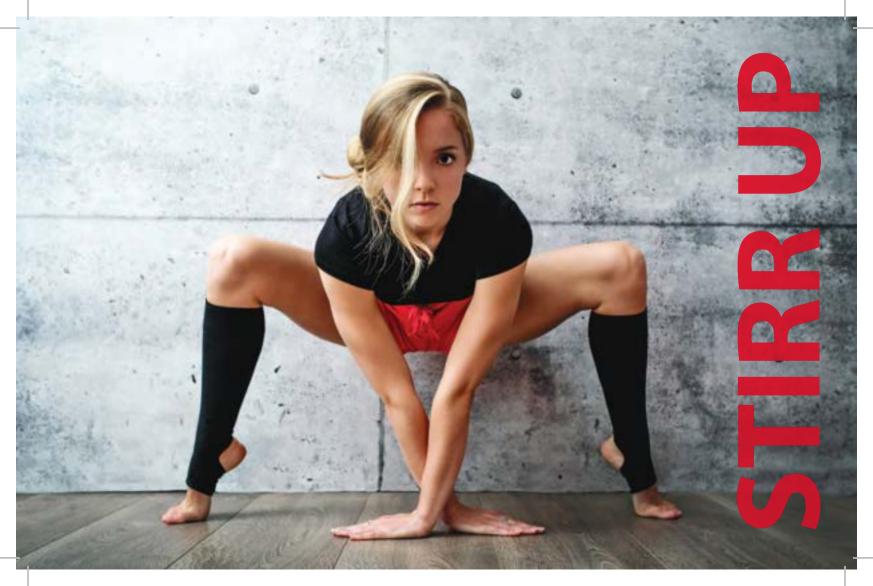
INSPIRATION:
Coolin' by day then at night working up a sweat...lol.
Fabric content:
43% COTTON 41% NYLON 16% LYCRA

	ACHI+	DESIGN	LENGTH
CODE:	2	SP	C
	20-30mmHg	Salt and Peppa +	Calf

SIZE (See Section C for details of your ACHI+ size chart)

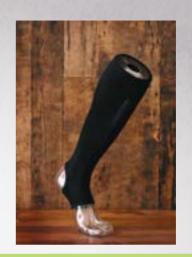
SR ST MR MT LR LT XR XT

- Soft cotton fibers provide natural, breathable, hypoallergenic compression.
- Regular and tall sizes for premium fit.
- Durable fabric construction for endurance.
- Comfort wide band for enhanced fit.
- Technically designed patterns with bespoke detail.









## **DESIGN STYLE: STIRR UP**

## **INSPIRATION:**

Stirring it up with a new solution to compression.

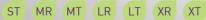
## Fabric content:

34% NYLON 14% LYCRA 52% COTTON

ACHI+ **DESIGN LENGTH** CODE: SU 20-30mmHg Stirr Up Calf

SIZE (See Section C for details of your ACHI+ size chart)





- Woven with effective moisture management.
- Regular and tall sizes for premium fit.
- Durable fabric construction for endurance.
- Comfort wide band for enhanced fit.
- Technically designed patterns with bespoke detail.
- Cropped toe and heel to optimize "bare foot" performance or enjoy the best of the season and sport sandals with pride.
- Soft cotton fibers provide natural, breathable, hypoallergenic compression.









## DESIGN STYLE: SMART N'SLEEK & GQ

## **INSPIRATION:**

Dapper sophistication and elegance

## Fabric content:

42% COOLMAX 43% NYLON 15% LYCRA

CODE:		ACHI 2 20-30 mm			S	SIGN SC n'Slee		L	ENGTH C
		2 20-30 mm	ıHg		GQ Bla	Q ack So	ck		<b>C</b> Calf
		2 20-30 mm	ıHg		Graph	i <b>G</b> iite Gre	ey .		<b>C</b> Calf
		(See Section C for details of your ACHI+ size chart)							
	SIZE	SR ST	MR	MT	LR	LT	XR	XT	

#### **FEATURES AND BENEFITS**

- Regular and tall sizes for premium fit.
- Woven with effective moisture management.
- Durable fabric construction for endurance.
- Comfort wide band for enhanced fit.

## **BENEFITS OF COOLMAX**

- Lightweight.
- Soft on skin.
- Wicks moisture away quickly (keeps your feet dry, feeling cool and fresh, helps prevent odour, prevents the risk of Athlete's foot and blisters).
- Quick drying.
- Durable.









## DESIGN STYLE: URBANE STRIPE +

**INSPIRATION:** Keep it Urbane!

Fabric content: 75% NYLON 25% LYCRA

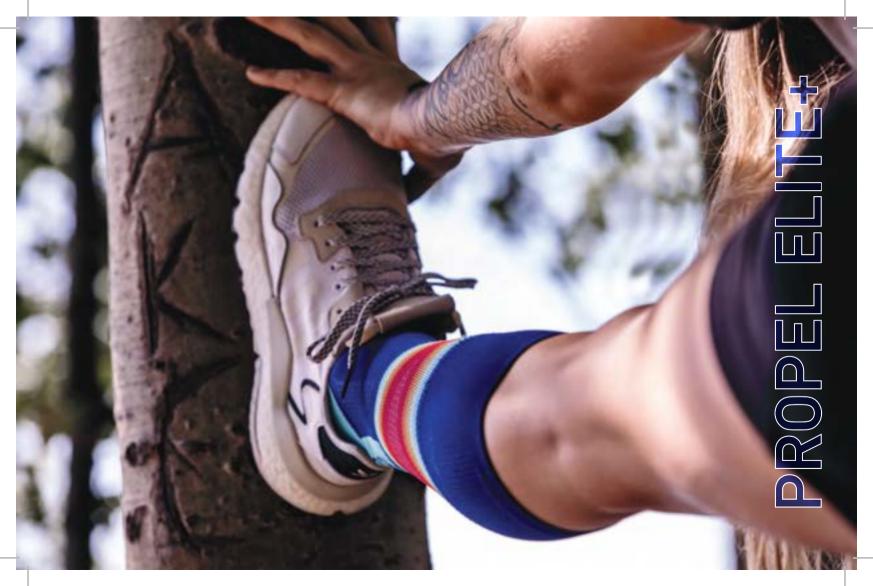
CODE:

ACHI+

**DESIGN** US 20-30 mmHg Urbane Stripe **LENGTH** Calf

SIZE (See Section C for details of your ACHI+ size chart)

- Woven with effective moisture management.
- Regular and tall sizes for a premium fit.
- Durable fabric construction for endurance.
- Comfort wide band to enhance fit.
- Technically designed patterns with bespoke detail.









#### **DESIGN STYLE: PROPEL ELITE+**

INSPIRATION: MOVING YOUR PERFORMANCE FORWARD

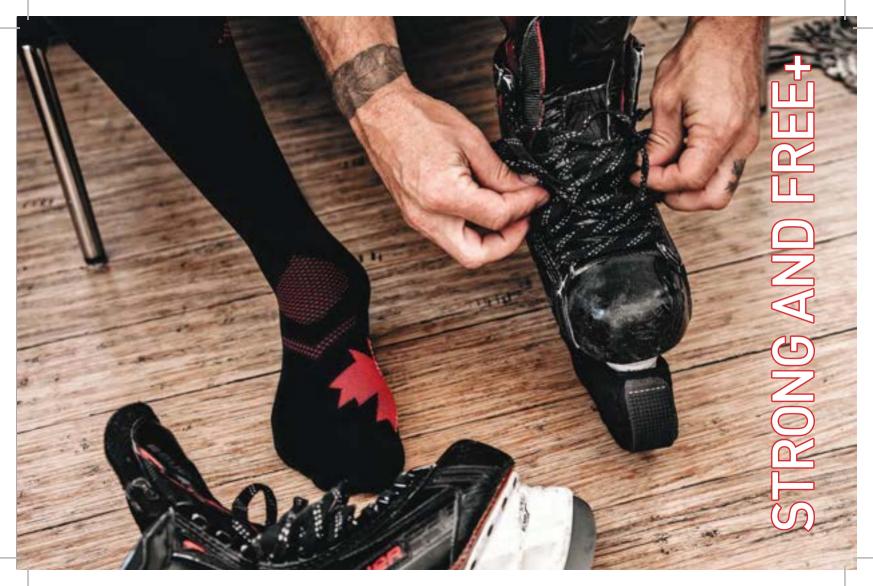
Fabric content: 76% NYLON 13% LYCRA 11% MICROFIBER

	ACHI+	DESIGN	LENGTH
CODE:	2	PE	C
	20-30 mmHg	Propel Elite	Calf

SIZE (See Section C for details of your ACHI+ size chart)

SR ST MR MT LR LT XR XT

- Reduces the build up lactic acid and helps muscle recovery
- Provides relief from tired, aching legs
- Helps aid in the prevention of spider veins and swelling
- Ideal for prolonged standing, sitting, and long distance travel.
- Greater endurance by reducing muscle vibration and soreness
- Supreme moisture wicking
- Temperature regulation
- Innovative Ventilation Channels
- Specially designed front and ankle crease
- Achilles and Arch support









#### **DESIGN STYLE: STRONG AND FREE**

INSPIRATION: Proudly Canadian!

Fabric content: 76% NYLON 13% LYCRA 11% MICROFIBER

ACHI+ DESIGN LENGTH
CODE: 2 SF C
20-30 mmHg Strong and Free Calf

SIZE (See Section C for details of your ACHI+ size chart)

SR ST MR MT LR LT XR X

- Reduces the build up lactic acid and helps muscle recovery
- Provides relief from tired, aching legs
- Helps aid in the prevention of spider veins and swelling
- Ideal for prolonged standing, sitting, and long distance travel
- Greater endurance by reducing muscle vibration and soreness
- Supreme moisture wicking
- Temperature regulation
- Innovative Ventilation Channels
- Specially designed front and ankle crease
- Achilles and Arch support









#### **DESIGN STYLE: RETRO RENEGADE**

INSPIRATION: Shake your Groove Thang

Fabric content: 75% Nylon 25% Lycra

SIZE (See Section C for details of your ACHI+ size chart)

SR ST MR MT LR LT XR XT

- Woven with effective moisture management
- Regular and Tall sizes for premium fit
- Durable fabric construction for endurance
- Comfort wide band to enhance fit
- Technically designed patterns with bespoke detail



### Frequently Asked Questions

- How long do ACHI / ACHI+ compression socks last and how do I wash them?
- ACHI / ACHI+ compression socks last for approximately 6 months wearing them every day. Take care of your socks, gently wash with mild detergent. HANG to dry!
- How do ACHI / ACHI+ compression socks work?
- Graduated compression socks deliver a controlled amount of pressure which is greatest at the ankle and gradually decreases towards the top of the sock. This promotes better blood flow against gravity and assists in the prevention of swelling and varicose veins. ACHI/ACHI+ acts like a layer of muscle, gently squeezing stretched vein walls and helping muscles regenerate more efficiently. This helps remove lactic acid and improves circulation.
- Are ACHI+ 20-30mmHG compression socks covered by extended health care plans?
- Yes, many extended health care plans cover for medical compression. Ask your Client/Patient to review their coverage requirements. ACHI 15-22mmHG can sometimes be recognized as preventative treatment under some extended health care plans, always check with the insurance provider.
- How are ACHI / ACHI+ graduated compression socks different than regular socks?
- ACHI / ACHI+ compression socks are backed by 20+ years of medical compression experience and apply the latest innovations in sock technology. We only use superior yarns to meet our meticulous quality and medical efficacy. ACHI /ACHI+ socks are a medical device manufactured in conformity with ISO 9001 and ISO 13485 assurance certificates. Bespoke design with a premium fit and function!
- Are compression socks tight and how do they feel?
- Yes, they are comfortably tight! The ACHI / ACHI+ socks provide graduated compression from the ankle area to below the bend in the knee. This design allows the ACHI / ACHI+ socks to function like a massage up the leg while pumping and circulating the blood towards the heart. ACHI / ACHI+ socks provide relief against gravity!

#### When do I wear ACHI / ACHI+ compression socks?















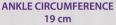




Return Policy: No products may be returned unless manufacturer's defect. Please refer to our website.

Do you have any more questions? www.lunatikathletiks.com







CALF CIRCUMFERENCE 36 cm



LEG LENGTH 42 cm



SHOE SIZE



**PROPER FIT** 

### HOW TO FIT FOR ACHI / ACHI+COMPRESSION SOCKS

- 1. Record Clients shoe size. Have your client in a seated position with their legs at 90°. Measure the ankle circumference above the malleolus (ankle bone). Record measurement.
- Follow the same method for the calf circumference measurement.Ensure you take the calf measurement at the fullest circumference.Record measurement.
- 3. For ACHI + 20-30 mmHg take the lateral (outside) length measurement from the floor to the bend of the knee. The tape measure must be vertical in a straight line. Record measurement.

  This will determine if your client is a REGULAR or TALL length.
- 4. Follow left to right on the ACHI / ACHI+ sizing chart to determine your clients size.
- 5. The ACHI / ACHI+ socks fit two finger widths below the bend in the knee.

ACHI	SH0	SH0E SIZE CIRCUMFERENCE GUIDELINE				ACHI+
SIZE	US SHO WOMEN	DE SIZE MEN	ANKLE	CALF	CALF LENGTH	SIZE/ CODE
SMALL	5-7	6	7 "- 8 3/4"(18 -22CM)	11"- 15" (28 CM-38 CM)	<16" (41cm)	SR
	٠,	-			>16" 1/4 (41.5cm)	ST
MEDIUM	7.5-9 6.5-8	6.5-8	5-8 9"- 9 3/4"(22.5 - 25CM)	13"- 17" (33 CM-43 CM)	<16" (41cm)	MR
IVILLION	7.3-7	7.3-7 0.3-0			>16" 1/4 (41.5cm)	MT
LADOE	9.5-11 8.5-10	0 E 10	10" 10.2//"(2E.E. 27.E.OM)	15" - 19" (39 CM -48 CM)	<16" (41cm)	LR
LARGE					>16" 1/4 (41.5cm)	LT
X-LARGE	11.5+	10.5+		17"- 21" (43 CM-54 CM)	<16" (41cm)	XR
			11 -113/4 (28CM-31 CM)		>16" 1/4 (41.5cm)	XT

ACHI+	DESIGN	LENGTH	SIZE
2	RD	C	ST
20-30mmHg	Rockin Dot	Calf	Small Tall

ACHI	SH0	E SIZE	CIRCUMFERENCE GUIDELINE			ACHI+
SIZE	US SHO WOMEN	DE SIZE MEN	ANKLE	CALF	CALF LENGTH	SIZE/ CODE
SMALL	5-7	6	7 "- 8 3/4"(18 -22CM)	11"- 15" (28 CM-38 CM)	<16" (41cm) >16" 1/4 (41.5cm)	SR ST
MEDIUM	7.5-9	6.5-8	9"- 9 3/4"(22.5 - 25CM)	13"- 17" (33 CM-43 CM)	<16" (41cm) >16" 1/4 (41.5cm)	MR MT
LARGE	9.5-11	8.5-10	10"-10 3/4"(25.5-27.5 CM)	15" - 19" (39 CM -48 CM)	<16" (41cm) >16" 1/4 (41.5cm)	LR LT
X-LARGE	11.5+	10.5+	11"-11 3/4"(28CM-31 CM)	17"- 21" (43 CM-54 CM)	<16" (41cm) >16" 1/4 (41.5cm)	XR XT

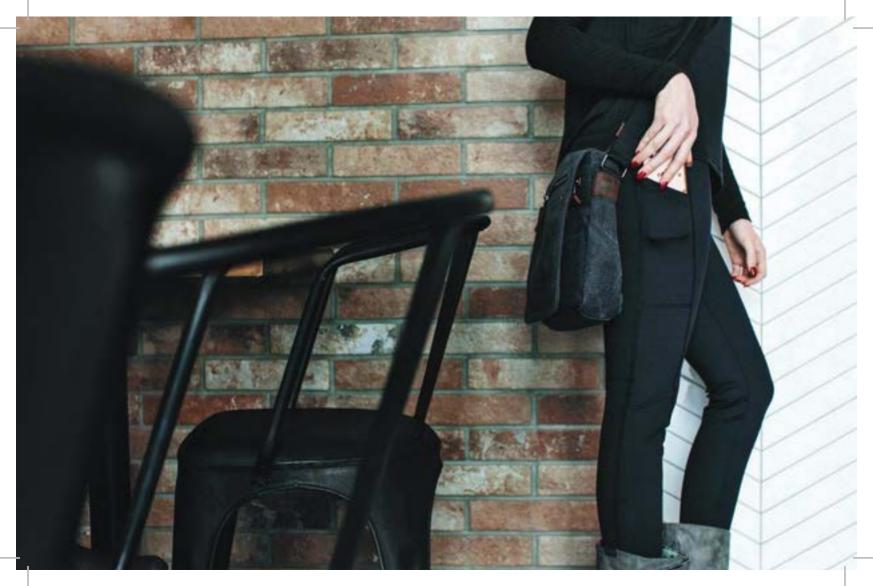




ACHI TECH is our line of compression wear to meet your everyday needs. Doms Tech and Stride Wave Non-medical compression leggings have been designed with you in mind. For that fabulous active look, throw on your ACHI TECH leggings. You can hit the office and gym without a double take. Durable fabric, gusseted groin area for comfort and the perfect all over compression to hold everything in nicely without feeling constrained. Ready for work, gym, yoga, errands and anything life may toss your way. We know recovery is an important part of your fitness routine. A quick recovery means you feel great, you can work out more often and get better results. Why not feel great all day, while looking fabulous and taking care of yourself too!







ACHI	NATURAL WAIST WOMEN'S	HIP	NATURAL WAIST MEN'S
SIZE			
XS	26" - 34"	36"	
S	28" - 36"	38"	28" - 30"
М	30" - 38"	40"	32" - 34"
L	32" - 40"	42"	36" - 38"
XL	34" - 42"	46"	40" - 42"
2X	36" - 44"	50"	44" - 46"
3X	38" - 46"	56"	48" - 50"
4X	40" - 48"	60"	











#### **DESIGN STYLE: STRIDE WAVE**

**INSPIRATION:** 

Ride the wave of the perfect stride.

Fabric content:

88% POLYESTER 12%SPANDEX

	ACHI	DESIGN	LENGTH
CODE:	0	SW	F
		Stride Wave	Full

SIZE (See Section D for details of your ACHI size chart)

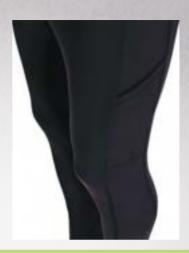
S S M L XL 2X 3X 4X

- Reduces the build up of lactic acid and helps muscle recovery.
- Provides relief from tired, achy legs.
- Greater endurance by reducing muscle vibration and soreness.
- Ideal for working out, prolonged standing, sitting, or long distance travel.
- Fashionable for everyday use.
- Thick high hide compression fabric.
- Crotch gusset for extra room and strength.
- High rise waistband that is comfortable and stays in place.
- Soft comfy feel with good abrasion resistance and moisture wicking.









#### **DESIGN STYLE: DOMS TECH SHE**

INSPIRATION:

Technology for **D**elayed **O**nset **M**uscle **S**oreness.

Fabric content:

88% POLYESTER 12%SPANDEX

**ACHI DESIGN LENGTH** DTS CODE: Doms Tech She Full

SIZE (See Section D for details of your ACHI size chart)













• Reduces the build up of lactic acid and helps muscle recovery.

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**INSPIRATION:** 

Technology for **D**elayed **O**nset **M**uscle **S**oreness.

Fabric content:

88% POLYESTER 12%SPANDEX

ACHI DESIGN LENGTH
CODE: 0 DTH F
Doms Tech He Calf

SIZE (See Section D for details of your ACHI size chart)

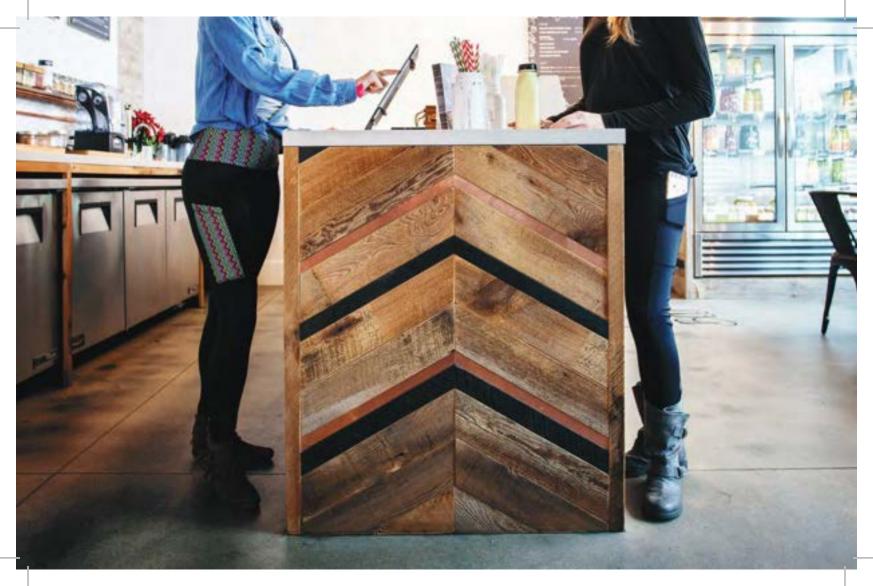
S

М

L

XL

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### EMS TENS SYSTEM

■ 1 x USB Cable

1 x Adapter

■ 1 x Acupuncture Point Chart

1 x Instruction Manual

#### **INCLUDED WITH THIS SYSTEM:**

- 1 x EMS/TENS Unit
- 2 x Large Pads
- 2 x Small Pads
- 2 x Electric Wires (1/2 wire)
- 1 x Holder for Pads and Wires
- Large size replacement pads for use with the ACHI Wellness EMS/TENS Pain Therapy System are also available in a pack of 2.

- 2 output with 6 modes
- 10 level intensity
- 20 minute default timer, can be adjusted from 10-60 minutes
- Rechargeable lithium battery
- Battery indicator displays when the battery will need to be recharged
- AC adapter 100-240V, USB Charger 5V







# EMS FOOT PAD SYSTEM

#### **INCLUDED WITH THIS SYSTEM:**

- 1 X EMS/TENS Foot Mat (foldable)
- 1 X Snap on EMS/TENS device (USB rechargeable)
- 1 x USB Cable

This is the perfect companion for the EMS TENS unit by ACHI Wellness.

This device works well with compression therapy or as a stand-alone therapy for special situations. Do you have a client that is out of the size range for compression? Try the EMS Foot Pad system, using this therapy even once a day can provide results! Do you have a client that has limited dexterity? Sometimes its difficult to pull on and apply compression socks. The EMS Foot Pad Unit can mimic the foot pump system and help increase circulation ~ its just that easy. (Please consult the contraindications of use as an EMS/TENS device for each individual client).

- Foldable & Comfortable foot mat
- 6 selectable modes
- 10 levels of intensity
- 15 minute auto run as one session
- Mat size 310mm (L) x 300mm (W)
- Affordable, portable and easy to use
- Compatible with the ACHI EMS/TENS unit for more options of therapy
- Fold unit in half and take it on your travel to alleviate lower limb aching & swelling.



### FOOT ROLLER

- Gently contours and applies a steady pressure when rolled under the foot.
- Provides a customized stretch depending on the tension applied.
- Helps relieve muscle tension and foot pain
- Increases blood circulation
- Can help relieve swelling
- Help alleviate the symptoms of plantar fasciitis
- Light, compact and easy to use
- You can use it anywhere/anytime

# FOOT ROCKER

- Ease into a supreme lower limb/calf stretch
- Relieve and Prevent: Achilles Tendonitis, Heel Pain, Plantar Fasciitis, Tight Calves/Hamstrings and more
- Portable, Light and easily set up and use almost anywhere/anytime
- Features slip resistance pads
- Has a back heel plate
- Biomechanically Engineered design
- Has an optimal stretching angle











### ACUPUNCTURE PEN

#### **INCLUDED WITH THIS SYSTEM:**

- 1 x AcuPen (WochuanMeridian Energy Massage Pen) USB Rechargeable
- 5 x Massage tips (4 interchangeable ~ Node point massage tip is built on)
- 1 x USB cable
- 1 x booklet with therapy point charts

#### HELPS WITH THE FOLLOWING CONDITIONS:

- Acute & Chronic Pain
- Arthritis
- Rheumatism
- Osteoporosis
- Sciatica
- Spondylitis
- Migraines

- Sports Injuries
- Muscle & Joint Pain
- Fibromyalgia
- Premature Aging
- Stress
- Fatigue
- And more!

- Uses gentle electric pulses that penetrate stiff and frozen muscles, releasing tension while also relieving pain and decreasing inflammation
- Causes muscles to contract and release which helps to improve circulation.
- Can be easily adjusted from 1-9 levels, 9 being the strongest. Higher levels are often needed for larger joints and muscles. Pro Tip- always start with the lowest level and work your way up.
- Performs alternating deep and shallow pulse massage
- Less skin irritation in comparison to needle acupuncture
- Easy to use, can be used almost anywhere, travels well.



### BACKSTRETCHER

- Product adjust to 3 levels of arch for customized stretch/support
- Conveniently use on a flat surface for lower back stretch/ decompression or add to the back of a seat for optimum lower lumbar support while seated
- Travels well, can be used almost anywhere/anytime
- Equipped with 10 magnet and massage knobs to match your body points.
- Can be used to help you relax and relieve body/lower back pain & tension
- Centre foam strip for added comfort
- Compact and easy to use





### HOT PAIN RELIEVING PATCHES

#### **ACTIVE INCREDIENTS**

- Capsicum Extract (3.89%)
- Menthol (8.2%)
- Belladonna Extract (2.5%)
- Camphor (9.6%)

Purchase these fabulous Hot Pain Relieving Patches in packages of 3, 5, or 20.

Each patch measures 12 x 18cm and can be cut to custom sizing for your needs (we suggest cutting patches into 1/4 for convenience).

- For fast relief of minor aches & pains
- Powerful pain relief
- Penetrating muscle relaxation
- Not messy or greasy
- Can be worn day or night
- Will not stain clothing
- Discreet, can be applied and worn under clothing

